



toasts

AVOCADO TOAST 9

jalapeño vinaigrette, pumpkin seed oil

ADD AN EGG *over-easy or sunny side up* 3

RICOTTA TOAST 7

wild blueberry jam

WHOLE WHEAT TOAST 4

cultured butter, maldon sea salt

eggs, eggs, eggs...

featuring sauder farm eggs

THE BEST EGG SANDWICH IN NYC 8

american cheese, bacon, eggs

THE "LIFER" SANDWICH 9

fried egg, spiced sausage patty, provolone cheese

NO CARBS? NO PROBLEM *add an extra egg* 3

THE CALIFORNIA SANDWICH 9

egg white, roasted tomato, avocado, sunflower sprouts

NO CARBS? NO PROBLEM *add an extra egg* 3

HEARTH BAKED EGG WHITE SOUFFLE 12

baby spinach, foraged mushrooms, parmesan

TWO EGGS YOUR WAY 12

scrambled, over-easy or sunny-side up

with whole wheat toast & breakfast potatoes

ADD-ONS: *bacon* 4 • *american cheese* 2 • *avocado* 3

the goods

BLUEBERRY MUFFIN 3

KEFIR YOGURT PARFAIT 6

granola crumble, macerated blue berries

STEEL CUT OATMEAL 5

raisin & fig compote

sides

BACON 4

SAUSAGE PATTY 4

ASSORTED

WHOLE FRUIT 1

MICHAEL VIGNOLA

chef / partner

please note: we do not accept room charges

consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness



coffee, tea, & juice

*proudly serving coffee by Brooklyn Roasters
and teas by Jenway Tea*

HOT COFFEE* 4

*a blend of our peruvian high-grown andes
& sumatra aceh dark roast*

CAPPUCCINO 5

ESPRESSO 5

N-19 NITRO COLD BREW 5

HOT CHOCOLATE 5

JENWAY TEAS 4

*assam black melody
moroccan mint
chamomile*

LANTHAM FARMS JUICE

*8 oz grapefruit or orange 3
16 oz cold pressed sweet green 10
16 oz cold pressed carrot 10*

**complimentary hot coffee
with the purchase of breakfast*

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let's be friends – find us @henryatlifeny*